

THE ESSENTIALS

GET INTO SHAPE

2 treatments/day

3 DAYS : 240 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 relaxing massage.

6 DAYS : 410 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 1 affusion shower, 1 relaxing massage.

FITNESS & RELAXATION

3 treatments/day

3 DAYS : 325 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 relaxing massage, 1 affusion massage, 1 wellbeing massage, 1 affusion or jet shower.

6 DAYS : 590 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 2 relaxing massages, 1 affusion massage, 2 wellbeing massages, 1 head neck shoulders massage, 2 affusion or jet showers.

THE ESSENTIAL MARINE

3 treatments/day

With scrub + 10 €

3 DAYS : 350 € 6 DAYS : 630 €

Seaweed wrap, hydromassage bath with essential oils, relaxing massage.

MARINE RELAXATION

2 treatments/day

With scrub + 10 €

6 DAYS 435 €

6 seaweed wraps, 6 hydromassage baths with essential oils or 6 relaxing massages.

FORM & COMPLETENESS

3 treatments/day

3 DAYS : 340 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 affusion shower, 1 relaxing massage, 1 wellbeing massage, 1 shiatsu 50 mins.

6 DAYS : 640 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 1 affusion shower, 3 relaxing massages, 2 wellbeing massages, 1 shiatsu, 1 Organic Gentle Discovery facial treatment (25 mins).

ANTI-AGEING MARINE TREATMENT

3-4 treatments/day

3 DAYS : 455 €

1 hyaluronic facial (50 mins), 1 body scrub, 2 hydromassage baths with essential oils, 1 seaweed and marine mud wrap, 2 specific showers, 1 watermass, 1 Polynesian massage (50mins), 1 manual lymphatic draining treatment or 1 wellbeing massage, 1 affusion massage.

6 DAYS : 740 €

1 hyaluronic facial (50 mins), 1 body scrub, 3 hydromassage baths with essential oils, 2 seaweed and marine mud wraps, 1 magnesium marine wrap, 3 specific showers, 2 watermass, 1 Polynesian massage (50 mins), 2 manual lymphatic draining treatments, 1 deep tissue massage, 1 wellbeing massage, 1 affusion massage.

The linen package (bathrobe, towels, bathing cap & flip-flops) is included in the price.

THE SENSORIALS

NEW

EXPRESS SLIMMING

3 treatments/day

3 DAYS : 435 €

1 body scrub, 1 seaweed wrap, 1 detox wrap, 1 spiruline wrap, 1 hydromassage bath, 1 relaxing massage, 1 jet shower, 1 watermass, 1 targeted body sculpting treatment, 1 cryosculpt (60 mins).

SILHOUETTE & BODY SCULPTING

3 treatments/day

6 DAYS : 850 €

1 body scrub, 2 seaweed wraps, 2 detox wraps, 2 spiruline wraps, 2 hydromassage baths with essential oils, 1 bamboo massage 50 mins, 1 relaxing massage 25 mins, 2 watermass, 3 cryosculpt (thermotherapy, electrostimulation, cryotherapy) 60 mins, 1 targeted body sculpting treatment (palpate-roll).

FITNESS & DETOX

3-4 treatments/day

4 DAYS : 580 €

1 bodyscrub, 1 shiatsu (50 mins), 1 "Indian Sea" massage (50 mins), 1 Thalgo facial (50 mins), 2 seaweed wraps, 1 detox wrap, 1 marine magnesium wrap, 2 watermass, 1 Thalgosculpt (40mins), 1 hydromassage bath with essential oils.

NEW

JOURNEY TO THE 4 CORNERS OF THE WORLD

4 DAYS: 580 €

- "Polynesian Escape" day
Pink sand scrub, "lagoon water" bath, massage with Polynesian traditional hot sand pouches
- "Arctic Wonder" day
Magnesium marine body wrap, effervescent crystals bath, Swedish-inspired massage with azure ice bubbles.
- "Atlantic Escape" day
Magnesium marine wrap, 1 affusion massage, 1 sea basics facial.
- "Dive into the Indian Sea" day
Sublime cotton wrap, hydromassage bath or seawater affusion, Ayurvedic and Marmatherapy inspired massage.

The programmes are adapted to your wishes and needs. All packages give free access to the Marine Space throughout the duration of the treatment.

Don't forget to book!