

# HYDROTHERAPY TREATMENTS

## BODY SCRUB

15 MN: 30 €

By eliminating impurities and toxins, the scrub renews your skin and prepares it for treatments. Healthier and softer, your skin is regenerated!

## SEAWEED AND MARINE MUD WRAP

25 MN: 40 €

Full of active ingredients, minerals and trace elements with laminar algae that remineralize and the relaxing action of marine mud.

## THE HYDROMASSAGE BATH

15 MN: 40 €

with seaweed jelly or essential oils.

A real bath of youth thanks to essential oils and marine active ingredients.

The muscles relax under the effect of the multiple jets.

## SPECIAL JET SHOWER

10 MN: 30 €

Tailor-made effectiveness, the hydrotherapist models your body with a seawater jet that sculpts your silhouette and relaxes you.

## SEAWATER AFFUSION SHOWER

10 MN: 30 €

A gentle shower of warm sea water provides great relaxation and recharges the body with minerals and trace elements.

## THE PRECIOUS WRAP & THE HYDROMASSAGE BATH

40 MN: 75 €

This wrap with shea butter and marine active ingredients, followed by a seawater bath, is ideal for a good hydration of the body, happiness and relaxation...

## CRYOTHERAPY FOR THE LOWER LIMBS

25 MN: 40 €

Detoxifying and stimulating effect for circulation thanks to the veinotonics complemented by the sensation of freshness of menthol. Lightens your legs.

## CRYOTHERAPIE + PRESSO

- 1 SESSION : 70 €
- 5 SESSIONS : 260 €

## WATERMASS

- 1 SESSION 20 MN : 55 €
- 5 SESSIONS : 250 €

