

# THE EXPERTISE

## OSTEOPATHY

1 SESSION : 65 €

Restores the osteo-articular and visceral mobility (with or without fasciatherapy), relieves tension and brings body and mind back into tune.

## CHIROPRACTIC

1 SESSION : 75 €

Manual practice which treats musculoskeletal disorders. A small hammer is used to improve postural balance.

## HUMANIST HYPNOSIS

1 SESSION : 80 €

Letting go, well-being, giving up smoking, stress management, self-calming, moving forward, self-confidence, concentration... With Hypnosis and Humanist Hypnosis, access your unconscious automatisms. This modified state of consciousness and openness gives you access to your resources and talents.

## THE NAILS

HANDS OR FEET: 35 €

HANDS & FEET: 55 €

REMOVAL: 15 €

Application of semi-permanent varnish, the colour of your choice.

## REFLEXOTHERAPY

50 MN : 75 €

A foot is more complex and fragile than it seems! It is a miniature version of the human body. Reflexotherapy stimulates the nervous system through touch in order to restore your natural balance and your vital force.

## THE BODY OF MEMORY

50 MN : 90 €

Inside our body, memories of childhood suffering, and those of our parents lie buried... This treatment brings total liberation from these emotional memories of suffering. The spirit and body are liberated leading to a « Renaissance of the consciousness ».

## CHI NEI TSANG

50 MN : 90 €

Stemming from traditional Chinese medicine, this treatment gently and deeply stimulates the energy (Chi) of the internal organs of the abdomen, our second brain! The aim is to restore the body-mind balance by releasing tensions and emotions (through the free circulation of the Chi).

## PEDICURE – PODIATRY

1 SESSION : 60 €

