



## HYDROTHERAPY TREATMENTS

### BODY SCRUB

15 MINS : 30 €

By eliminating impurities and toxins, the scrub renews your skin and prepares it for treatments. Healthier and softer, your skin is regenerated!

### YOUR CHOICE OF BODY WRAP

25 MINS : 40 €

Seaweed wrap, spirulina, detox, marine magnesium, or cotton.

### THE HYDROMASSAGE BATH

15 MINS : 40 €

**With seaweed or essential oils.**

The muscles relax under the effect of multiple jets.

### SEAWATER AFFUSION SHOWER

10 MINS : 30 €

Under a gentle rain of warm seawater, the body relaxes, and the mind frees itself.

### SPECIAL JET SHOWER

10 MINS : 30 €

Customized effectiveness: seawater jet sculpts the silhouette.

### THE PRECIOUS WRAP & THE HYDROMASSAGE BATH

40 MINS : 75 €

This wrap with shea butter and marine active ingredients, followed by a seawater bath, is ideal for a good hydration of the body, happiness and relaxation.

### CRYOTHERAPY FOR THE LOWER LIMBS

25 MINS : 40 €

Detoxifying and stimulating effect for circulation thanks to the veinotonics complemented by the sensation of freshness of menthol. Lightens your legs.

### PRESSODERMIE

1 SESSION 20 MINS : 40 €

5 SESSIONS : 130 €

Mechanical drainage technique that activates blood and lymphatic circulation.

### WATERMASS

1 SEANCE 20 MINS : 55 €

5 SEANCES : 250 €

Mechanical hydro-rolling device combining slimming oil massage and seawater affusion. It improves blood and lymphatic circulation, reducing fatty deposits.