



# TRAVEL & RELAXATION

## OUR THALGO RITUALS

### POLYNESIAN JOURNEY 150 €

*Escape to the Pacific Islands with a stopover in Bora-Bora, the magic island*

- Pink sand scrub
- Lagoon water sensorial bath
- Polynesian massage with hot sand pouches (50 mins)

### ARCTIC WONDER 150 €

*Sail to the North Pole and enjoy a unique experience combining relaxing warmth & invigorating coolness.*

- Salt flake scrub
- Bath with effervescent crystals
- Swedish massage with relaxing ice bubbles (50 mins)

### INDIAN SEA 150 €

*Ayurvedic-inspired treatment that relieves tension and rebalances the body and mind.*

- Ginger scrub
- Sacred lotus milk extract bath
- Rebalancing Ayurveda massage (50 mins)

## BAIJA RITUAL

### FRAGRANCE BAR 70 €

**Your choice in the Baija collection.**

- Hamman or sauna (30 mins)
- Body scrub
- Application of cream with massage

## OUR COCKTAILS

### COCKTAIL OCEAN 90 €

- Seaweed and marine mud wrap
- Hydromassage bath with essential oils
- Affusion massage (seawater mist)

### CIRCULATORY COCKTAIL 110 €

- Foot massage
- Pressodermmy
- Cryotherapy of the lower limbs

### SPECIAL BACK COCKTAIL 120 €

- Seaweed & marine mud wrap
- Hydromassage bath with essential oils
- Relaxing massage or HNS (25 mins)